

Laugh *Live* LOVE *Enjoy* FAMILY *Friends* Food **EAT** *Drink*

STARTERS | MEZZA

\$8 | Garlic and Herb Bread

\$10 | Cheesy Garlic & Herb Bread

\$12 | Mixed Hot Olives

\$19 | Bruschetta Pizza diced tomato, onion, basil, olive oil and garlic

REGULAR 11" | \$19 X-LARGE 13" | \$24

Add Extras: Feta | \$4 Olives | \$3

\$9 | Spicy Cucumber sliced cucumbers with garlic, yoghurt and chili

\$12 | Stuffed Grape Vine Leaves (8 pieces) stuffed with rice, drizzled with yoghurt

\$12 | Hummus Dip chick pea dip served with flat bread

\$12 | Labni Dip yoghurt dip with diced tomato and onion served with flat bread

\$12 | Baba Ghanoush eggplant and tahini dip served with flat bread

\$13 | Fried Cauliflower served with flat bread and a sesame seed dipping sauce

\$12 | Bowl of Chips + aioli

\$18 | Loaded Fries with cheese & bacon bits or creamy mushroom or boscaiola

\$15 | Sweet Potato Chips + aioli

\$16 | Cheese Burger Spring Rolls (3 pieces) + melted cheese dipping sauce

\$15 | Grilled Haloumi (4 pieces)

\$16 | Haloumi Calabria (3 pieces) fried filo wrapped Haloumi with toasted sesame seeds with a honey, soy and pomegranate glaze

\$15 | Kafta Sticks (4 pieces) minced lamb sticks with onion, parsley and capsicum

\$17 | Chicken Ribs (8 pieces) baked in peri-peri marinade

\$19 | Tuscan Garlic Prawns (7 pieces) prawns cooked in a creamy pink sauce with sun-dried tomato, olives, garlic and basil, served with flat bread

\$26 | Trio Dip Platter Mediterranean mixed olives, Labni, Hummus, & Baba Ghanoush served with Lebanese bread and fried bread

"WE  VE FOOD"

MAMA & PAPAS

Restaurant

SALADS

\$23 | Garden Salad mixed leaf, tomato, cucumber, onion, capsicum and balsamic vinaigrette

\$26 | Mediterranean Salad mixed leaf, tomato, cucumber, onion, capsicum, olives, feta cheese and balsamic vinaigrette

\$27 | Michael Angelo Salad mixed leaf, tomato, cucumber, onions, capsicum, onion, fried Lebanese bread, balsamic vinaigrette with a honey soy and pomegranate glaze

\$27 | Caesar Salad cos lettuce, bacon, parmesan, croutons and Caesar dressing (optional egg or anchovies)

\$33 | Chicken Caesar Salad grilled chicken, cos lettuce, bacon, parmesan, croutons and Caesar dressing (optional egg or anchovies)

\$33 | Haloumi & Avocado Salad haloumi, avocado, mixed leaf, tomato, cucumber, onion, capsicum and balsamic vinaigrette

\$35 | Lamb Kafta Salad grilled kafta, mixed leaf, tomato, cucumber, onion, capsicum and balsamic vinaigrette

\$33 | Aunty Rosa's Salad chicken, avocado, mixed leaf, tomato, cucumber, onion, and capsicum, balsamic vinaigrette & Caesar dressing

\$35 | Prawn & Avocado Salad prawns, avocado, mixed leaf, tomato, cucumber, onion, capsicum and balsamic vinaigrette

\$37 | Atlantic Salmon & Avocado Salad grilled Salmon fillet, avocado, mixed leaf, tomato, cucumber, onion, capsicum and balsamic vinaigrette

Add Extras: Prawns | \$7 Avocado | \$4 Haloumi | \$6 Chicken | \$6

At MAMA & PAPAS...

We don't make fast food, we make good food as fast as we can

Please advise our staff before you order if you have any food allergies, and/or dietary or religious requirements

BYO wine corkage fee \$4.50 per glass | BYO Cake Fee \$3.50 per person

During unexpected busy peak periods, we request that our customers be patient as delays for food can be in excess of 30 minutes as we always ensure the quality of our food is maintained

SORRY, WE DO NOT SPLIT BILLS

HOWEVER, WE DO ACCEPT PART CASH/PART EFTPOS PAYMENTS

All EFTPOS and Credit Card Transactions incur a 1.5% Surcharge
10% surcharge applies to all public holidays

PASTA | RISOTTO

1. Choose your Pasta or Risotto

Penne, Spaghetti, Fettuccine, Gnocchi, Gluten Free Penne or Risotto (all pasta served with parmesan cheese on the side)

2. Choose your Sauce

\$31 | Aglio e Olio garlic, olive oil, parsley

\$31 | Napolitana tomato, garlic, onion, herbs

\$31 | Arrabiata tomato, garlic, chili, onion, herbs

\$31 | Nonna's Pink Sauce creamy nap sauce, garlic, sun-dried tomato, olives, mushrooms

\$31 | Pesto basil, nuts, parsley, garlic, parmesan, cream sauce

\$31 | Al Funghi mushrooms, garlic, shallots, cream sauce

\$33 | Boscaiola bacon, mushrooms, garlic, shallots, cream sauce

\$33 | Carbonara bacon, shallots, egg, garlic, parsley, cream sauce

\$31 | Vegetarian mushrooms, capsicum, onion, olives, napolitana sauce

\$33 | Bolognese premium minced beef in napolitana sauce

\$31 | Crema De la Roma baby spinach, mushroom, tomato, onion, garlic in a cream sauce

\$36 | Venice Special pan fried penne, olive oil, prawns, chili, garlic, tomato, shallots

\$36 | Genovese prawns, cream, napolitana, pesto, garlic, touch of chili

\$36 | Mixed Seafood Marinara prawns, calamari, mussels, fish, napolitana sauce

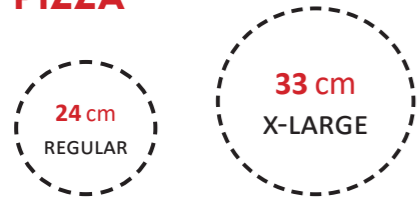
\$36 | Lamb Shawarma Pasta lamb marinated in Middle Eastern spices, nap sauce with onions, capsicum, garlic and chili

\$36 | Greek Santprini Special king prawns, nap sauce, garlic, chili and onions topped with Greeek feta cheese

\$33 | Beef Lasagne minced beef, mozzarella, bechamel, napolitana sauce

Add Extras: Prawns | \$7 Avocado | \$4 Haloumi | \$6 Chicken | \$6

PIZZA



We use **Perfect Italiano** traditional Mozzarella on all our pizzas.
We make our pizza dough in-house, daily!
Our ham, cabanossi and pepperoni all contain pork.

STARTER PIZZAS REGULAR | \$19 X-LARGE | \$24

Garlic & Herb garlic, herb and mozzarella cheese

Cheese mozzarella cheese only, no sauce

Chili chili and mozzarella cheese

Bruschetta Pizza tomato, onions, basil, olive oil, garlic (no cheese)

Zaatar Middle Eastern oregano and mozzarella cheese

TRADITIONAL PIZZAS REGULAR | \$26 X-LARGE | \$31

Mamas Special grilled chicken, fresh tomato, herbs, topped with aioli

Papas Aussie Special ham, bacon, egg

Uncle Tony's Special pepperoni, mushrooms, olives, topped with aioli

Margarita bocconcini cheese with cherry tomato, basil

Hawaiian ham and pineapple

BBQ Meat Lovers ham, bacon, cabanossi, pepperoni, BBQ base

Pepperoni pepperoni

Mexicana pepperoni, capsicum, onion, chili

Vegetarian mushroom, capsicum, onion, pineapple, olives

Supreme mushroom, ham, cabanossi, pepperoni, capsicum, onion, pineapple, olives

GOURMET PIZZAS REGULAR | \$31 X-LARGE | \$36

Chicken Peri-Peri chicken, caramelised onions, roasted capsicum, bocconcini, peri-peri and aioli sauce

BBQ Chicken mushroom, chicken breast, capsicum, onion, pineapple, BBQ sauce

Chicken Supreme mushroom, chicken breast, capsicum, onion, pineapple, olives

Vegetarian Deluxe mushroom, onion, eggplant, roasted capsicum, olives, avocado

Prawn Lovers prawns, garlic, basil

King Neptune prawns, calamari, mussels, octopus, garlic, herbs

Super Supreme prawns, chicken, ham, cabanossi, pepperoni, mushroom, capsicum, onion, pineapple, olives

Truffle Prawns prawns, mushrooms, sautéed onions, roasted capsicum, mozzarella, bocconcini and truffle oil

Chicken California chicken, avocado, mushrooms, caramelised onions, topped with aioli

Thai Delight chicken, mushrooms, cashews, capsicum, satay sauce, chili flakes, sweet chili sauce

*Add Extras: Veggies | \$2 Cheese | \$2 Meats | \$3 each Seafood | \$5 each
Vegan Cheese | \$3 Half-Half Pizzas | \$3 Gluten Free Base (reg size only) | \$4.50*

CHICKEN

All served with chips and garden salad

\$33 | Chicken Schnitzel with gravy, pepper or mushroom gravy

\$33 | Chicken Breast grilled chicken with gravy, pepper or mushroom gravy

Add Extras: al-Fungi Sauce or Boscaiola Sauce | \$6

\$39 | Chicken al-Fungi chicken breast cooked in a creamy mushroom sauce

\$39 | Chicken Boscaiola chicken breast cooked with bacon in a creamy mushroom sauce

\$39 | Chicken and Avocado chicken breast cooked in a creamy mushroom sauce with avocado

\$39 | Chicken Parmigiana crumbed chicken breast topped with nap sauce, eggplant, mozzarella and parmesan cheese (ham optional)

SIZZLING HOT DISHES

All served on a sizzling hot skillet with Lebanese bread, garlic, tahini, pickled cucumbers and turnips

\$39 | Sizzling Garlic Prawns king prawns, onion, garlic, chili, shallots, tomato and feta

\$39 | Sizzling Lamb Shawarma lamb, onions, capsicum, garlic, chili and Middle Eastern spices

\$39 | Sizzling Creamy Garlic & Lemon Chicken chicken breast strips, onion, tomato, garlic, yoghurt, lemon and Middle Eastern spices

SEAFOOD

All served with chips and garden salad

\$42 | Whole Barramundi grilled whole barramundi with lemon butter

\$39 | Salmon al Pesto grilled Atlantic Salmon with lemon, mixed herbs, avocado, drizzled with pesto and balsamic glaze

\$39 | Salmon in a Pocket Atlantic Salmon fillet baked in a pocket with garlic, butter, chili, lemon and mixed herbs

"WE LOVE FOOD"

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MEATS

MEDITERRANEAN MIX GRILL

\$46 | 1 Person Plate 1 x lamb skewer, 1 x grilled chicken breast, 2 x kafta sticks, chips, salad, hummus, garlic and flat bread

\$65 | Share Platter for two 2 x lamb skewers, 2 x grilled chicken breast, 4 x kafta sticks, chips, salad, hummus, garlic and flat bread

Add Extras: Lamb Skewer | \$9 Chicken | \$2 Kafta | \$3

\$39 | Lamb Skewers 2 x lamb skewers served with garlic, flat bread, chips and garden salad *Extra Lamb Skewers | \$9 each*

\$55 | Pork Ribs Smokey BBQ USA Full Rack (700g) served with corn cob, chips and salad

HOT ROCK STEAK

Steaks are served raw on a hot-rock plate ready to cook yourself!

\$46 | 300g Angus Rib Eye Scotch Fillet

Served with chips, salad and your choice of Gravy, Pepper Sauce or Mushroom Gravy

Optional Extras: Creamy Mushroom or Boscaiola Sauce | \$6



For the Kids!

Kids menu is available for children only and must accompany an adult eating a main meal.
Kids under 12 years pay a special price of \$12!

Kids aged 12+

\$16 | 6 Nuggets and Chips

\$16 | Chicken Breast (100g) with Chips

\$16 | Chicken Schnitzel (100g) with Chips

\$16 | Penne Boscaiola (kids serve)

\$16 | Spaghetti Bolognese (kids serve)



Kids colouring paper and pencils available with kid meals!

www.mamaandpapas.com.au

Follow us on socials and stay up to date!

